



APTA
WyomingSM

A Chapter of the American
Physical Therapy Association



2022
Newsletter

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President's Message

Jamie Everett

I sat in a conversation with a couple of other business owners on a recent Friday night and one of the owners commented "We live in interesting times!" I quickly turned my head and stated: "I am not sure if that is a curse or commendation?"

As the year progresses, day by day we are brought new objects of interest, as well as new objects for anxiety. We survived a two-year pandemic, but it seems that our world continues to move from one crisis to another. We suffer one disturbance and then are shocked again after another.

Every day, as physical therapists, we continue to invest in the well-being of others despite these interesting times. Some of us continue to thrive in our clinical roles or some of us invest in the well-being of our patients in other forms of practice. We see our members growing into educational roles, mentoring roles, advocacy roles, or encouraged service roles for the state. Most of us hope that we are getting it right with each intervention that we offer or deliver, in our relative form of investments. As we do live and practice in interesting times.

But these are also the times of some of the most creative of times.

We have new graduates practicing in a post-pandemic world while their training was during the pandemic. They learned from Zoom Meetings and have proven to be flexible and adaptable. But like all of us, many who were present at our Spring 2022 Conference, are ready to feel the connections that only face-to-face interactions can bring.

We have more of our Wyoming physical therapists instructing in educational pursuits, some of our physical therapists with an engaging social media presence, more physical therapists opening cash pay clinics, and even some offering mobile services.

Unfortunately, some of the creativity seen with the rise of Telehealthcare has led to a new market of AI or app-delivered physical therapy. Both Cigna (with RecoverOne App) and UnitedHealth Care (with Kaia Health App) have rolled out their versions of free member physical therapy services. Currently, the APTA and Wyoming Chapter have been in contact with both services, most notably because physical therapy services are being offered in the state of Wyoming without the clinician holding a Wyoming State license.

These add to the lessening reimbursements especially as we see the PTA differential starting to be adopted now by commercial insurances. We are hopeful with our work with our Senators Barrasso and Lummis, and Representative Cheney that we can get the SMART Act passed. This will help to temporarily pause the differential and provide exceptions to the differential in rural and underserved areas. It will also reverse the burdensome requirement of direct supervision of the PTA and allow the PTA to work at the top of their license in the outpatient setting.

What Wyoming Chapter as an association is working on:

Firstly welcoming new members to the Board-Committee

- Marissa Wooden, PT, DPT as Delegate
- Nate Tanner, PT, DPT as Alternate Delegate

These two will work with Jamie Gillenwater, PT, DPT our current Chief Delegate.

We continue to work on the ability to refer for radiographs through changes to the Radiology Tech practice act.

We hope to see legislation pass for the fair copay act, that reclassifies physical therapy visits currently as a specialist to a general office visits, which would decrease the financial burden to the patient.

We currently do not have any language in our practice act that allows physical therapy to anyone other than humans. Currently, the practice of Animal physical therapy is not within our scope of practice.

What can you do:

We need to spread the message that our expertise in movement and exercise is the optimal solution in healthcare. We need to see our clinics and our professionals use their marketing and social media feeds to constantly reinforce the message that physical therapy costs less and achieves better outcomes than other alternatives.

The more we blast our messages the more patients (potential and current), policymakers, and insurers demand PT as the best choice in healthcare.

Jamie Childs Everett, PT, DPT, CF-L1, OCS, FAAOMPT
President



Vice President's Message

Haley Baltz

As I sit and reflect on the past six months, it is hard to find the words to describe the challenging season we currently find ourselves in, personally, and as a whole profession. Each of us has been forced into some reflection, which has revealed a myriad of emotions: worry, anxiety, anger, fear, and hope, just to name a few. The most overwhelming emotion I have experienced despite our current climate of uncertainty is gratitude. I am grateful for the past and present leadership we have had in the WY APTA Chapter and for the opportunities the future presents.

Jeff Moore, PT, and founder of the Institute of Clinical Excellence mused that in order to have a fast and effective reaction to a crisis, the hard work has to be done BEFORE hard times. The Wyoming APTA Chapter has had a group of strong individuals who have worked tirelessly to fill these leadership roles over the past 30 years. Looking back on our history, we have had motivated leaders who have strived for the advancement of our profession. They fought successfully for direct access, protection of our right to perform an array of treatments including manipulation, and of course, our most recent jewel, unrestricted direct access.

Each of these high points took weeks, months, and years of grueling, thankless work by many of our members, and for this, I am extremely thankful. When COVID-19 began to change what our "normal" looked like, the hard work had been done BEFORE, which allowed for us to embrace the challenge, deepen these relationships, and respond quickly. The WY physical therapy community came together, lifted one another up with a selfless effort to share information to assist in administering telehealth, contacting legislators for payment reform, and inclusion of physical therapy in these reforms.

This teamwork and support are what make me feel gratitude for future opportunities and advancements within the physical therapy profession. In physical therapy, we are continually fighting for our right to be recognized as an integral part of the medical community, and we will continue to fight for change within our profession and society as a whole. As Sharon Dunn, APTA President, stated, "We as a physical therapy profession have made our voice clear, we are against discrimination, and we are FOR addressing health disparities. It is up to us as a community to live our values in action. We are the cure."

I look forward to the future with you.

Haley Baltz, PT, DPT, OCS, FAAOMPT
Vice President

Treasurer's Report

Jason Kamm

In 2021 the WY-APTA had total income of \$42,417.64 and total expenses of \$36,209.07. The overall net income for the 2021 year was \$6,208.57. The chapter held both spring and fall conferences in 2021, with the spring conference generating \$4,576.81 of net income and the fall conference making \$1,414.64. Please refer to the table below for a detailed breakdown of all inflows and outflows for 2021. The Form 990-N for the 2021 tax year was filed by Sandra A. Turner, CPA. The annual financial compilation, which checks for accounting errors, is still pending. The current balance for the business checking account for WY-APTA as of June 30, 2022 is \$127,761.03.

1/1/2021 through 12/31/2021

INFLOWS

Advertising 211.75
APTA Gala Refund 2,500.00
APTA-Dues 17,114.75
Fall Conference 2021 Deposit 10,216.31
Spring Conference 2021 Deposit 12,374.83

TOTAL INFLOWS 42,417.64

OUTFLOWS

APTA Gala 7,470.50
Executive Director Wages 7,750.00
Fall Conference 2021 Expenses 8,801.67
House of Delegates 2,597.95
Lobbying 1,000.00
Office Supplies 790.93
Spring Conference 2021 7,798.02

TOTAL OUTFLOWS 36,209.07

OVERALL TOTAL 6,208.57

JOIN!



Basecamp

What is it?

Basecamp is a central hub for the WY chapter of the APTA to **stay connected** with the members.

Why be involved?

- Help **advocate for your profession**
- Network with other WY physical therapists
- Learn about continuing education classes going on around the state
- Be notified about job opportunities around the state

How to join?

E-mail APTAWyomingchapter@gmail.com

Get Involved in the APTA

Open Positions in the WY Chapter

Contact APTAWyomingchapter@gmail.com for further information

President

The duties and responsibilities of the President are to:

- Serve as a member of the Chapter Board
- Preside at all meetings of the Chapter and Board
- Prepare the agenda for all meetings of the Chapter
- Serve as official head and spokesperson for the Chapter
- Select the time and place for all meetings of the Chapter, number of meetings to be in accordance with Chapter Bylaws
- Attend the Annual Conference and Combined Section meeting yearly
- Ex Officio Member of all committees
- Keep the Board informed of all matters by correspondence or telephone
- Assign specific duties to the Board to assist in carrying out business of the Chapter
- Route correspondence or other duties to appropriate Chapter Officers
- Submit nominations for APTA office as approved by the Board
- Keep membership informed of Chapter/Association activities via email and social media on a monthly basis.
- Prior to the end of the term of office, review and revise this section of the Procedures Manual as indicated. All such revisions are subject to the approval of the Chapter Board
- Serve as the overseer of the Executive Director for contracted assignments
- Orient the successor to the contents of the President's notebook and to the duties of the office
- Approve dues schedule by July (APTA sends out)

Vice-President

The duties and responsibilities of the Vice-President are to:

- Serve as a member of the Chapter Board
- Preside at all meetings of the Chapter and Board
- Serve as liaison to Continuing Education Committee
- Conduct program evaluations and collect suggestions for future program topics
- Officiate in the absence of the President at meetings of the Chapter and Board
- Attempt to attend the Annual Conference or Combined Section meeting yearly in place of president.
- Carry out any duties specified and/or requested by the President
- Succeed to Presidency for the unexpired portion of the term of the President until the next official meeting where elections will be conducted
- Route correspondence or other duties to appropriate Chapter Officers
- Prior to the end of the term of office, review and revise this section of the Procedures Manual as indicated. All such revisions are subject to the approval of the Chapter Board
- Orient the successor to the contents of the Vice-President's notebook and to the duties of the office

Physical Therapy Assistant Caucus Representative

The duties and responsibilities of the Physical Therapy Assistant Caucus Representative

- Preside at all meetings of the Chapter
- Attend the Annual Conference
- To vote at meetings of the House of Delegates (or PTA Caucus), or on voting sheets in accordance with instructions and/or policies of the WYPTA.
- Carry out any duties specified and/or requested by the President
- Route correspondence or other duties to appropriate Chapter Officers
- Prior to the end of the term of office, review and revise this section of the Procedures Manual as indicated. All such revisions are subject to the approval of the Chapter Executive Committee
- Orient the successor to the contents of the Representative notebook and to the duties of the office

Continuing Education

Looking back at our 2022 Spring Conference



Aspects of the Maitland-Australian Approach for efficient management of neuromusculoskeletal impairments.

Chris Showater, PT, DPT,
OCS, FAAOMPT

Learning new skills in
Saratoga, WY



Next WY Chapter of the APTA Conference:
SPRING 2023

What do you want to learn about?
email suggestions to APTAWYChapter@gmail.com